


# HAPPY NEW YEAR!

# January 2019

\*this institution is an equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 6 B-long john, yogurt, pears, jc L-meatloaf mashed potatoes glazed carrots peaches butter sandwich	1 No School 8 B-waffle, sausage patty, pineapple, jc L-chili baby carrots/ celery cinnamon roll applesauce	B-cereal, toast, fruit cocktail, jc L-BBQ rib patty/ bun cooked carrots pineapple B-omelets, toast, banana, jc L-chicken fajita/shell green beans pineapple	B-breakfast bar, 3 toast, pears, jc L-beef nuggets broccoli brown rice peaches B-french toast sticks, smokies, fruit cocktail, jc L-soft shell taco lettuce/tomato corn pears	B-egg & cheese muffin, applesauce, jc L-hot dogs/ bun tri-tator baked beans mandarin oranges B-scrambles egg, toast, peaches, jc L-italian bake peas fruit cocktail bread stick	*All Menus Subject to Change
13	14 B-pancake on a stick, applesauce, jc L-chicken strips asparagus pineapple butter sandwich	B-sausage gravy, biscuit, pineapple, jc L-spaghetti/ meat sauce spinach salad peaches french bread	B-breakfast pizza, oranges, jc L-tenderloin/bun baked beans pears	B-sausage cheese, biscuit, banana, jc L-corn dog steamed carrots french fries rosy applesauce	B-cinni mini, peaches, jc L-grilled chicken/ bun broccoli warm apples	19
20	21 B-pancakes, sausage patty, strawberries, jc L-chili crispito refried beans mexican rice mandarin oranges	B-apple frudel, mandarin oranges, jc L-salisbury steak mashed potato peas & carrots pineapple butter sandwich	B-breakfast bar, toast, pears, jc L-battered fried fish green beans baby carrots fruit cocktail cheese sandwich	B-egg & cheese muffin, apple wedges, jc L-chicken & noodles peas cottage cheese peaches wheat roll	B-long john, oranges, jc L-hamburger/ bun tri-tator corn pears	25
27	28 B-waffles, sausage patty, strawberries, jc L-breaded chicken/ bun broccoli oranges	B-omelets, toast, fruit cocktail, jc L-pizza corn peaches	B-french toast sticks, smokies, banana, jc L-sloppy joe/ bun french fries baked beans pineapple	B-scrambled eggs, toast, pears, jc L-cream chicken/ biscuit peas cottage cheese fruit cocktail	B-fat free chocolate, 1 % and skim milk offered at each meal	26